

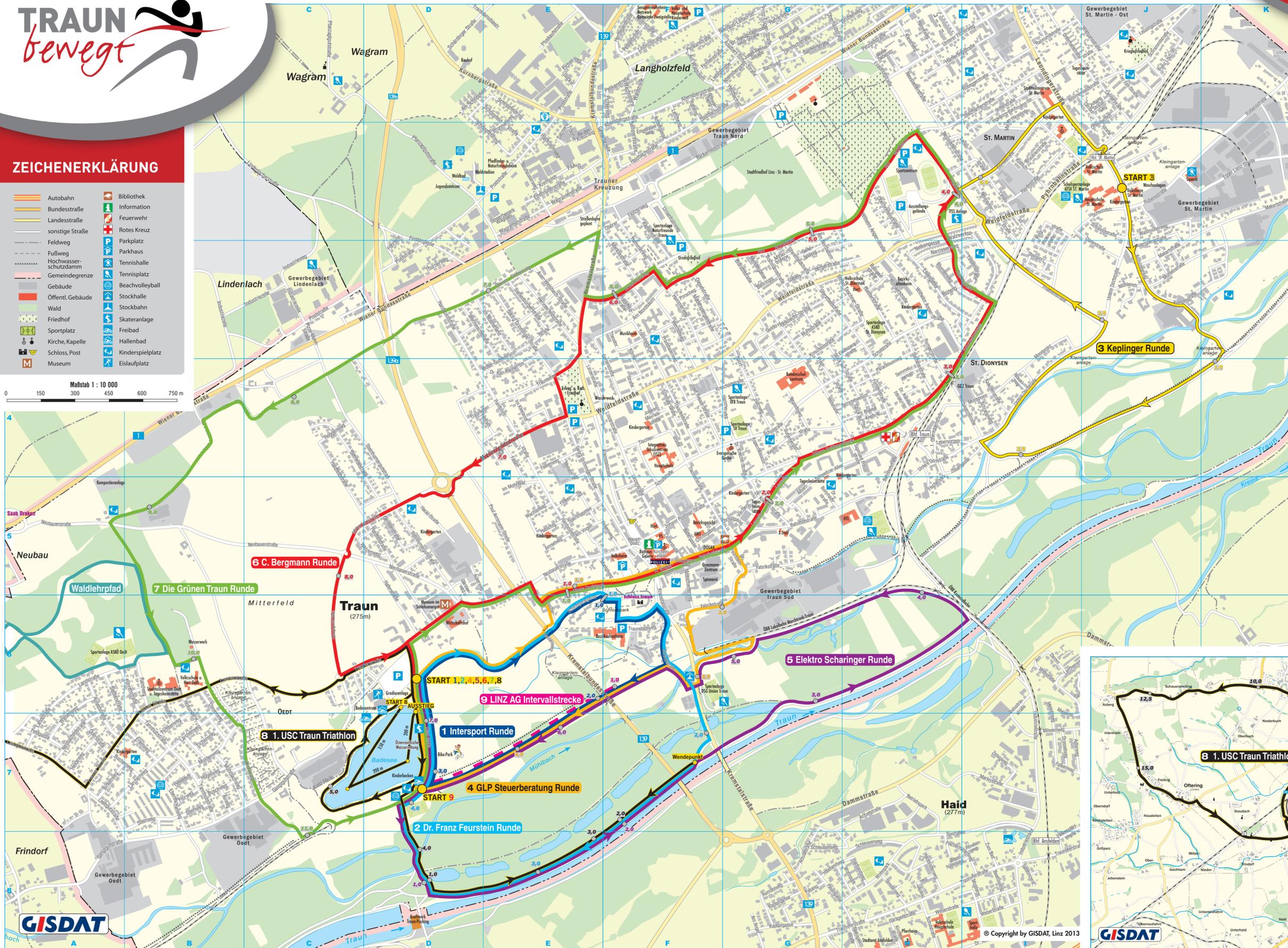
# LAUFEN | WALKEN | BIKEN | SCHWIMMEN



## ZEICHENERKLÄRUNG

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Maßstab 1 : 10 000  
0 150 300 450 600 750 m



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|----------|-------------------------------------------------|--|
| <b>1</b> | <b>Intersport Runde</b><br>3,5 km               |  |
| <b>2</b> | <b>Dr. Franz Feurstein Runde</b><br>4,6 km      |  |
| <b>3</b> | <b>Keplinger Runde</b><br>5,0 km                |  |
| <b>4</b> | <b>GLP Steuerberatung Runde</b><br>5,0 km       |  |
| <b>5</b> | <b>Elektro Scharinger Runde</b><br>7,2 km       |  |
| <b>6</b> | <b>C. Bergmann Runde</b><br>9,0 km              |  |
| <b>7</b> | <b>Die Grünen Traun Runde</b><br>12,2 km        |  |
| <b>8</b> | <b>1. USC Traun Triathlon schwimmen 750 m</b>   |  |
| <b>8</b> | <b>1. USC Traun Triathlon radfahren 25,0 km</b> |  |
| <b>8</b> | <b>1. USC Traun Triathlon laufen 5,5 km</b>     |  |
| <b>9</b> | <b>LINZ AG Intervallstrecke</b><br>1000 m       |  |

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|--|--|--------------------------------------------------------------------|
|  |  | Lauf-/Nordic Walking-Strecke bis 5 km                              |
|  |  | Lauf-/Nordic Walking-Strecke ab 5 km                               |
|  |  | Triathlon-Strecke: Sprintdistanzen schwimmen, radfahren und laufen |

